

## Horaires cours aquagym et aquabike - Année scolaire 2021/2022

|       | LUNDI              | MARDI                | MERCREDI            | JEUDI               | VENDREDI            |
|-------|--------------------|----------------------|---------------------|---------------------|---------------------|
| 8h50  |                    |                      |                     | Aquabike -Audrey    |                     |
| 9h40  |                    |                      |                     | Aquabike -Audrey    | Aqua seniors Audrey |
| 10h45 |                    |                      |                     | Aquadynamic- Audrey | Aquabike Audrey     |
| 12h00 |                    |                      |                     |                     |                     |
| 12h15 |                    |                      | aquafitness -Yohan  | Aquagym -Yohan      |                     |
| 13h   |                    |                      |                     | Aquagym -Yohan      |                     |
| 13h45 |                    |                      |                     | Aquagym -Olga       |                     |
| 14h15 |                    |                      |                     |                     | aquagym - Olga      |
| 14h30 |                    |                      |                     | Aqua seniors -Olga  |                     |
| 14h45 |                    |                      |                     |                     |                     |
| 15h   |                    |                      |                     |                     |                     |
| 18h45 |                    | aqua fitness - Yohan |                     |                     |                     |
| 19h   |                    |                      |                     |                     |                     |
| 19h15 |                    |                      | aqua fitness - Nath | Aquagym -Olga       |                     |
| 19h15 |                    |                      |                     | Aquagym - Sylviane  |                     |
| 19h45 |                    |                      |                     | (eau profonde)      |                     |
| 20h   | Aquagym - Laetitia |                      |                     |                     |                     |
| 20h15 | (eau profonde)     |                      |                     |                     |                     |

 = bassin de Thônex

 = bassin de Conches